



Mary Massery - Respiration og Postural kontrol kursus

13. September 2022

Dansk Selskab for Neurologisk Fysioterapi har genforhandlet kurserne med Mary Massery PT, DPT, Dsc (USA) til Danmark. Hun kommer til Danmark i September 2022.

If you can't breathe, you can't function

This course will challenge the practitioner to make a paradigm shift; acknowledging the importance of the cardiopulmonary system as an integral component of postural control. The speaker will demonstrate the link between breathing and motor behaviors. This is the cornerstone for the speaker's multi-system clinical approach to the evaluation and treatment of trunk and/or respiratory impairments. She will demonstrate how to integrate the cardiovascular, pulmonary, musculoskeletal, neuromuscular, integumentary and internal organ systems into every evaluation and intervention, as well as how to recognize physiologic causes or consequences that may accompany these motor dysfunctions. The speaker will show the participants how to effectively pair ventilatory strategies with specific movements in order to establish the pulmonary system as an asset rather than a liability for their patients, regardless of whether their original diagnoses were physiologic or physical. The emphasis of the presentation will be on developing and applying practical quick clinical solutions that are applicable for pediatric and adult patients in all practice settings.

1-dagskurset er åbent for fysioterapeuter (medlem af DSNF eller medarrangørernes foreninger) og ergoterapeuter (medlem af Ergoterapeutfagligt selskab for neurorehabilitering), bandagister, sygeplejersker, læger og logopæder.

Hvis du har spørgsmål vedr. kurset så mail til Sine Secher Mortensen – Dansk Selskab for Neurologisk Fysioterapi via mail: www.sinesechem@hotmail.com

Læs mere på www.MasseryPT.com - her finder du også interessante artikler om emnet og små videoklip, hvor teorierne uddybes.

Kurserne afholdes på Århus Universitetshospital i Skejby, Danmark.

1-dags kursus:

Integrating Cardiopulmonary and Postural Control Strategies in pediatric and adult populations –Introduction and theory part. If you can't breathe, you can't function "Postural Control and Breathing". Du vil få en grundig indførelse i Mary's "Soda Pop Can" model - Multisystem analysen. 1. dag er primært introduktion og teori omkring emnet.

At the conclusion of Day 1, participants should be able to:

- State how the mechanics of breathing and postural control are inter-active and inter-dependent components of normal movement strategies.
- Describe the multiple, simultaneous roles of the diaphragm as related to breathing, postural control, gastroesophageal reflux, constipation and venous return.
- Contrast normal musculoskeletal development of the chest in infants and the concurrent motor skill acquisition to that observed in patients with impaired trunk function resulting from multiple different diagnostic categories.
- Position patients for optimal cardiopulmonary function (physiological and biomechanical) with simple equipment such as towel rolls and pillows in recumbent and upright positions for use in and out of hospital settings.
- Optimize patient function by integrating appropriate ventilatory strategies with all movements from low level activities to athletic endeavors.
- Apply theoretical concepts to multiple clinical cases.

Dato: 13. September 2022 kl. 10-19

Underviser: Mary Massery PT, DPT, Dsc (USA)

Målgruppe: Fysioterapeuter, ergoterapeuter, sygeplejersker, læger, logopæder og bandagister

Pris: 1200 kr. dækker undervisning og forplejning på kurset

Sted: Auditorium G 206-145, Indgang G, G206

Aarhus Universitetshospital, Palle Juul Jensens Boulevard 35, 8200 Aarhus N, Danmark

Antal deltagere: Maks. 120 personer

Hovedarrangør: Dansk Selskab for Neurologisk Fysioterapi

Medarrangører:



- Dansk Selskab for Hjertelunge Fysioterapi
- Dansk Selskab for Pædiatrisk Fysioterapi
- Dansk Selskab for Voksne Udviklingshæmmede
- Ergoterapifagligt Selskab Neurorehabilitering (EFS)
- Sektionen för neurologi/Professions- och fackförbundet för Sveriges Fysioterapeuter (sjukgymnaster)
- Dansk Bandagistforening
- Foreningen af universitetsuddannede audiologopæder (FUA)
- ACPIN – Association of chartered physiotherapists in neurology England

Tilmelding via hjemmesiden www.neurofysioterapi.dk

Tilmelding er bindende og først gyldig når alle oplysninger er opgivet.

Tilmeldingsfrist: Senest 10. august 2022.

Efter tilmeldingsfristen fordeles deltagerne imellem arrangør og medarrangører. Alle deltagere får besked vedr. optagelse på kurset senest én uge efter tilmeldingsfristen.