### Direct Socket for Trans-femoral amputees:

for whom, how many are they and what are the requirements?

Anton Johannesson CPO, PhD

**ÖSSUR** Clinics



#### This presentation includes

- I. The mission: Improving the process for TF amputees
- II. Who are they and how many?
  - Some statistics
  - What does it tell us?
  - The questions that arise?
- III. From artistic approach to standardised method
  - I. Direct Socket for TF amputees
    - I. Background
    - II. The development process
    - III. ISO description of the socket
    - IV. Outcomes, so far...
  - II. What is the next step....?

#### Disclosure



#### Anton Johannesson have the following financial disclosures:

employ of ÖSSUR Scandinavia since 2013

Current position: Clinical Manager Prosthetics, Össur Clinics

# I. The mission: Improving the process for TF amputees (in the Nordic countries)

Who are they and how many?

In 2016:

-Sweden 10 millions	718
-Norway 5.2 millions	373
-Denmark 5.6 millions	402
-Finland 5.5 millions	395
-Iceland 0.35 millions	20

#### In total:

**1908** new TF amputees in 2016 in the Nordic countries (estimation)



Population in Sweden 10 millions

In total: **1958 new LLA in 2016** 

718 persons with TF initial amputation

Sweden 2016 all Lower Limb amputation above the foot level.



In total 2016:

718 persons TF initial amputation (persons) 56% of the older than 80 yr 9% (64) were younger than 65 yr 2% (14) were younger than 50 yr 0% (0) of them was  $\leq$  19 yr Sweden 2016 all Lower Limb amputation above the foot level.





300

NFQ09 Exartikulation i höftled NFQ19 Transfemoral amputation NGQ09 Exartikulation i knäled NGQ19 Transtibial amputation NHQ09 Exartikulation i talokruralled

#### "Young" new amputees in Sweden 2016



NFQ09 Exartikulation i höftled NFQ19 Transfemoral amputation NGQ09 Exartikulation i knäled NGQ19 Transtibial amputation NHQ09 Exartikulation i talokruralled

### ....so there is no young amputees to be fitted with prosthesis....





718 persons TF initial amputation(persons)56% of them older than 80 yr

Only between 15-25% are provided with prosthesis on this level...\*

Sweden 2016 all Lower Limb amputation above the foot level.



\*SWEDAMP: Årsrapport 2016 \*SPARG:A Survey of the Lower Limb Amputee Population in Scotland, 2011

718 persons TF initial amputation (persons)56% of the older than 80 yr

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Probably around 100 new TF amputees receives prosthesis

 $\approx$  1 out of every 7<sup>th</sup> TF amputation

Sweden 2016 all Lower Limb amputation above the foot level.



An estimation, published in 2009 (\*):

- concluded that around 5000 to 5500 persons amputated above the trans-metatarsal level, are (hopefully) walking around in Sweden,
  - which is about 0.06% of the total population.
- According to these estimations the TF amputee population would then be 18,6% ≈ 976 TF amputees





#### In Sweden there are currently around 50 O&P clinics

- This means that every year we have on average 2-3 new TF amputees per workshop
- 20 more amputees that need a socket changes or new prosthesis\*

\*my own estimation



## What does these statistics tell us?

Most of the TF amputees in Sweden are:

- old and dysvascular
  - with high level of comorbidities
- less than 20% receive prosthesis,

and

 on average every workshop does less than 20 TF sockets per year



#### • The questions that arise:

 Does the current method of <u>teaching</u> how to make a TF prosthesis fulfil the requirements? Ivan Long John Sabolich Chris Hoyt David Littig Tim Statts Marlo Ortis Randy Allen

igure 1-On-the-job instruction: the teacher demonstrates and explains the operation to the student,



- We make one (1) TF socket during our education...
- US CPO's are coming every 5<sup>th</sup> year with a new teaching method on how to take a cast and how to rectify it

- Is the current <u>service</u> model for the TF amputees good enough?
  - The functional outcome for elderly TF amputees is very poor with traditional technique



- Is the current working method of <u>producing</u> a TF prosthesis efficient enough?
  - It require multiple visit to the clinic..
  - Test socket and another test socket...
  - Is that the best choice that we can offer the elderly patients?
    - The other foot is not always in good condition...





- Does the traditional <u>service</u> model, that we are offering TF amputees, fulfil the <u>requirement</u> of the society (= payer)?
  - Does it benefit the amputee?
  - Does it reduce the burden of the society when providing them with prosthesis to make them more independent?
  - Isn't it less costly to put them into a wheelchair?



- There are very few young active TF prosthetic users in the Nordic countries!
- Should it be more of a specialty?







# III. From artistic approach to standardised process...

 Current research on new lower limb TT amputees, shows that we need to <u>improving all aspect of the process</u> \* to improve the outcome



\*Outcomes of a standardized surgical and rehabilitation program in trans-tibial amputation for peripheral vascular disease: a 10-year prospective cohort study. Johannesson, A., Larsson, G. U., Ramstrand, N., Henrik Lauge-Pedersen, H-L., Philippe Wagner, P. and Atroshi, I. American Journal of Physical Medicine & Rehabilitation, 2010; 89 (4): 293 – 303

#### Standardised treatment



If this process (in cooperation with other professions) is able to:

- lower the incidence of amputation
- lower the rate of proximal amputation
- shortening the hospital stay
- provide more of them with prosthesis
- so that the amputees can continue to life independently
- and to document the outcome

.....then we are hopefully.....

#### Standardised treatment



Then we deliver something that is in line with what the society and the users like to obtain from our services!

This is the most inexpensive solution for the society, as most of the cost of amputation is related to hospital stays\*

\*Operations, total hospital stay and costs of critical leg ischemia. A population-based longitudinal outcome study of 321 patients. Eneroth M. et al. Acta Orthop Scand. 1996 Oct;67(5):459-65 \*Cost of prostheses in patients with unilateral trans-tibial amputation for vascular diseases: a population-based follow-up during 8 years of 112 patients. Hermodsson Y. et. al. Acta Orthop Scand 69, 603-607

#### Standardised treatment



In TT amputation we obtain 41 days from amputation to prosthetic fitting with overall prosthetic rate of 55% during a 10 years period\*

- Växjö and Varberg: has obtained the same result
- Capio St Görans: from 110 days to 37 days
- Huddinge: 41 days
- Södersjukhuset: 48 days and 50% receiving prosthesis....

\*Outcomes of a standardized surgical and rehabilitation program in trans-tibial amputation for peripheral vascular disease: a 10-year prospective cohort study. Johannesson, A., Larsson, G. U., Ramstrand, N., Henrik Lauge-Pedersen, H-L., Philippe Wagner, P. and Atroshi, I. American Journal of Physical Medicine & Rehabilitation, 2010; 89 (4): 293 – 303

#### Not a standardised treatment....

\*Thesis by Ulla Riis Madsen: Quality of life, functional level and needs of care after vascular major lower limb amputation. Lund University 2017

\*Out of 103 consecutively amputated persons that were included:

- 28 patients (27%) had received prosthesis at a 12-months follow-up
- with a mean time of **161 days** (range 34-313 days)
- Conclusion: Waiting for an unnecessarily long period of time for a prosthesis can negatively impact both physical and psychosocial aspects of health-related QOL, and interventions to reduce waiting time are warranted

. . . .

Maybe we should put more focus on these problem instead of a small part of it like: should we rectify the proximal part of the cast 3% or 4% or producing another test socket....?

#### Prosthetic components: Definitions

- ISO: 13405-2: Prosthetics and orthotics Classification and description of prosthetic components Part 2: Description of lower-limb prosthetic components
- 3 Classification
- 3.1 General
- Prostheses are externally applied devices used to replace wholly, or in part, an absent or deficient limb segment. They are integrated constructions comprising the following classes of components
- a) interface components,
- b) functional components,
- c) alignment components,
- d) structural components,
- e) finishing (cosmetic) components.

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Various terms (e.g. total contact, total surface bearing, sub-ischial or inter ramus containment...) have been proposed to describe the way these forces are transferred between the stump and the socket. The biomechanical principles, upon which these terms are based, are ill-defined. Thus, the use of these terms is discouraged.

#### **Prosthetic Interface**

A **Trans-femoral Prosthetic Interface** has different function during gait cycle. The Force-transmission properties, i.e.

- Axial stabilization,
- Transverse stabilization and,
- Suspension, need to be described.

Thus, the stiffness property of the socket.





The older you get, the more quiet you become. Life humbles you so deeply as you age. You realize how much nonsense you've wasted time on.



### Thank you for your interest!